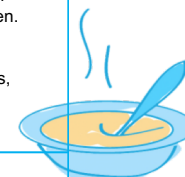




Enjoy your



meal

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<p>1 Marmitako/Fresh tuna stew.</p> <p>Tortilla de calabacín/ Zucchini omelette</p> <p>Macedonia de frutas, leche y pan sin gluten /Mixed fruit salad, milk and bread without gluten.</p>	<p>2 Judías verdes/Green beans</p> <p>Pollo asado con patatas fritas/Roasted chicken with french fries</p> <p>Yogur natural azucarado y pan sin gluten/Natural yogurt with sugar, and bread without gluten.</p>	<p>3 Pasta son salsa carbonara y queso rallado /Carbonara pasta with cheese</p> <p>Merluza en salsa verde con gambas y almejas/Hake in green sauce with shrimp and clams.</p> <p>Uvas, pan sin gluten y leche/Grapes, bread without gluten. and milk</p>	<p>4 Lentejas hortelanas/Lentil stew</p> <p>Filete de ternera a la plancha con puré de patata/Grilled steak with mashed potatoes.</p> <p>Yogur de macedonia y pan sin gluten /Fruit salad yogurt and bread without gluten.</p>	<p>5 Puré de verduras/Vegetable puree</p> <p>Emperador con ajo perejil y ensalada de tomate , orégano y queso de Burgos/Swordfish with garlic, tomato salad with oregano and soft cheese.</p> <p>Plátano, leche y pan sin gluten /Banana, milk and bread without gluten</p>
<p>8 Paella de verduras y pollo/Valencian style rice dish with chicken and vegetables</p> <p>Lacón a la gallega/Galician style pork</p> <p>Manzana, leche y pan sin gluten /Apple, milk and bread without gluten.</p>	<p>9 Crema de zanahoria /Cream of carrots</p> <p>Salmón a la meniere/ Salmon with a lemon sauce.</p> <p>Natillas y pan sin gluten /Pudding and bread without gluten.</p>	<p>10 Cocido completo : sopa, garbanzos, patata, zanahoria, repollo, chorizo, pollo, ternera y jamón / Complete cocido (broth, chickpeas, potatoes, carrots, sausage, chicken, steak and ham).</p> <p>Mandarina y pan sin gluten /Mandarin and bread without gluten.</p>	<p>11 Pasta marinera / Pasta with gulas and shrimp.</p> <p>Filete de pollo a la plancha con lombarda Grilled chicken with redcabbage</p> <p>Yogur de fresa y pan sin gluten / Strawberry yogurt and bread without gluten.</p>	<p>12</p> <p>FIESTA</p>
<p>15 Arroz tres delicias/Chinese style rice.</p> <p>Atún con cebolla y tomate/Tuna with onion and tomato.</p> <p>Plátano, pan sin gluten y leche/Banana, milk and bread without gluten.</p>	<p>16 DÍA MUNDIAL DE LA ALIMENTACIÓN</p> <p>Judías blancas con grelos /White bean stew with turnips</p> <p>Filete de pavo con puré de patata/Turkey fillet with mashed potatoes.</p> <p>Yogur de limón y pan sin gluten /Lemon yogurt and bread without gluten.</p>	<p>17 Menestra verduras/Sauteed mixed vegetables</p> <p>Cinta de lomo con pimientos verdes/Pork with green peppers</p> <p>Caqui, pan sin gluten y leche. Caqui without gluten y milk.</p>	<p>18 Pasta boloñesa con queso rallado/Bolognese pasta with sprinkled cheese</p> <p>Lomos de lenguado con brócoli/Sole with broccoli</p> <p>Yogur natural azucarado y pan sin gluten /Natural yogurt with sugar, and bread without gluten.</p>	<p>19 Crema espinacas/Cream of spinach</p> <p>Albóndigas de ternera sin gluten con patatas dado/Meatballs without gluten. with cubed potatoes</p> <p>Uvas, pan sin gluten y leche/Grapes, bread without gluten and milk.</p>
<p>22 Arroz con salchichas y tomate/Rice with sausage and tomatoes</p> <p>Ternera con verduras /Steak with vegetables</p> <p>Manzana, leche y pan sin gluten /Apple, milk and bread without gluten.</p>	<p>23 Acelgas con bacon/Chard with bacon</p> <p>Filete de pollo a la plancha con patatas fritas/ Grilled chicken with french fries.</p> <p>Petit-suisse y pan sin gluten /Yogurt and bread without gluten.</p>	<p>24 Patatas con carne/Potato and meat stew</p> <p>Merluza salteado con champiñones/Salted hake with mushrooms</p> <p>Plátano, pan sin gluten y leche/Banana, milk and bread without gluten.</p>	<p>25 Lentejas estofadas con chorizo/Lentil stew with sausage</p> <p>Tortilla de espinacas/Spinach omelette.</p> <p>Yogur de macedonia y pan sin gluten /Fruit salad yogurt and bread without gluten.</p>	<p>26 Crema de calabaza /Cream of pumpkin</p> <p>Lasaña de atún sin gluten Tuna lasagna without gluten.</p> <p>Mandarina y pan sin gluten /Mandarin and bread without gluten.</p>
<p>29 Guisantes con jamón/Sauteed peas with ham</p> <p>Croquetas con pisto sin gluten con pisto / Croquettes without gluten with mixed vegetables in sauce.</p> <p>Macedonia de frutas, leche y pan sin gluten /Mixed fruit salad, milk and bread without gluten.</p>	<p>30 Alubias plancheta con marisco/Beans with seafood</p> <p>Filete pollo a la plancha con ensalada de espinacas/Grilled chicken with spinach salad</p> <p>Yogur de fresa, y pan sin gluten /Strawberry yogurt, and bread without gluten.</p>	<p>31 Sopa de picadillo/Soup with vegetables</p> <p>Emperador con habitas rehogadas/Swordfish with lightly fried beans.</p> <p>Manzana, leche y pan sin gluten /Apple, milk and bread. without gluten.</p>		