



Enjoy your



meal

### LUNES

### MARTES

### MIÉRCOLES

### JUEVES

### VIERNES

4

Arroz con salsa de tomate / Rice with tomato sauce

Emperador con calabacín a la plancha/ Swordfish with grilled zucchini.

Plátano, leche y pan sin gluten / Banana, milk and bread without gluten

11

Guisantes con jamón / Peas with ham

Filete de ternera con patatas panaderas / Grilled veal steak with baked potatoes

Fresas con zumo de naranja y pan sin gluten / Strawberry with orange juice and bread without gluten

18

Paella Valenciana / Valencian style rice

Emperador con salsa de ajo y perejil / Swordfish with sauce.

Naranja y pan sin gluten / Orange and bread without gluten

25

Crema de calabaza / Cream of pumpkin

Filete de pavo adobado con patatas fritas / Marinated turkey with french fries

Macedonia natural de fruta, pan sin gluten y leche / Natural fruit salad, bread without gluten and milk.

5

Crema de espinacas / Cream of spinach

Pollo asado con patatas fritas/ Roasted chicken with french fries

Yogur de limon y pan sin gluten / lemon yogurt and bread without gluten

12

Arroz con pollo y champiñones / Rice with chicken and mushrooms

Filete de lomo a la plancha con lombarda / Grilled pork with red cabbage

Petit suisse y pan sin gluten / Yogurt and bread without gluten

19

Judías blancas con chorizo / Beans stew with sausage

Tortilla de patata con pimientos verdes / Potatoe omelette with green peppers.

Flan de vainilla y pan sin gluten / Custard and bread without gluten

26

Patatas con costillas y setas / Potatoes stew with meat and mushrooms

Merluza a la plancha con brócoli / Grilled hake with broccoli

Yogur de fresa y pan sin gluten / Strawberry yogurt and bread without gluten

6

Cocido completo (Sopa, garbanzos, repollo, zanahoria, patata, pollo, jamón, chorizo y ternera) / Complete cocido (broth, chickpeas, cabbage, carrot, potatoe, chicken, ham, sausage and veal).

Naranja y pan sin gluten / Orange and bread without gluten

13

Lentejas con verduras / Lentil stew with vegetables

Merluza a la plancha / Grilled hake.

Manzana verde, leche y pan sin gluten / Apple, milk and bread without gluten

20

Sopa de pescado/ Soup of fish.

Lasaña de ternera sin gluten / Meat lasagna without gluten

Fresas con zumo de naranja y pan sin gluten / Strawberry with orange juice and bread without gluten

27

Coditos con chorizo / Pasta with sausage and tomato sauce.1,3

Filete de ternera a la plancha / Grilled veal steak

Plátano, leche y pan sin gluten / Banana, milk and bread without gluten

7

Judías verdes con jamón / Green beans sauteed with ham

Cinta de lomo con patatas fritas / Grilled pork kwith french fries

Yogur de macedonia y pan sin gluten / Fruit salad yogurt and bread without gluten

14

Acelgas con bacon / Chard with bacon

Hamburguesa de pollo con patatas fritas / Chicken burger with french fries

Natillas y pan sin gluten / Pudding and bread without gluten

21

Crema de verduras / Cream of vegetables

Croquetas de jamón con pisto sin gluten / croquettes without gluten with vegetables in tomato sauce.

Yogur de macedonia y pan sin gluten / Fruit salad yogurt and bread without gluten

28

Cocido completo (Sopa, garbanzos, repollo, zanahoria, patata, pollo, jamón, chorizo y ternera) / Complete cocido (broth, chickpeas, cabbage, carrot, potatoe, chicken, ham, sausage and veal).

Yogur natural y pan sin gluten / Natural yogurt and bread without gluten

1

Verdinas con marisco (gambas y chipirones) / Beans with seafood

Magro en salsa / Lean in sauce

Naranja y pan sin gluten / Orange and bread without gluten

8

Macarrones boloñesa con queso/ Pasta with meat, tomato sauce and cheese.

Salmón a la plancha con ensalada de tomate y pepino/ Grilled salmon with tomato and cucumber salad.

Manzana roja , leche y pan sin gluten / Apple, milk and bread without gluten

15

Espaguetis carbonara / Spaguetti with carbonara sauce.

Bacalao en salsa verde / Cod in sauce.

Plátano, leche y pan sin gluten / Banana, milk and bread without gluten

22

Macarrones con atún y gambas / Pasta with tuna and prawns.,

Filete de pollo a la plancha con ensalada de espinacas / Grilled chicken with spinach salad

Plátano, leche y pan sin gluten / Banana, milk and bread without gluten