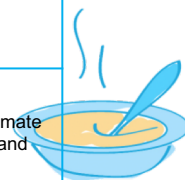




Enjoy your



meal

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
				1 <b>NO LECTIVO</b>
4 <b>NO LECTIVO</b>	5 Macarrones boloñesa / Pasta with bolognesa sauce.  Emperador a la plancha con salsa ajo perejil / Grilled swordfish  Yogur de limón o fruta y pan sin gluten / Lemon yogurt or fruit and bread without gluten	6 Lentejas con verduras / Lentil stew with vegetables.  Filete de cerdo a la plancha / Grilled pork fillet  Naranja y pan sin gluten / Orange and bread without gluten	7 Sopa de lluvia / Soup.  Pollo asado con patatas fritas / Roasted chicken with french fries  Yogur de macedonia o fruta y pan sin gluten / Fruit salad yogurt or Fruit and bread without gluten	8 Crema de verduras con picatostes sin gluten / Cream of vegetables with bread without gluten  Lasaña de carne sin gluten / Meat lasagna without gluten  Manzana roja , leche y pan / sin gluten Apple, milk and bread without gluten
11 Guisantes con jamón / Peas with ham  Albóndigas de pollo sin gluten con arroz / Meatballs with rice.  Fresas , leche y pan sin gluten / Strawberry, milk and bread without gluten	12 Crema de calabacín / Cream of vegetables  Merluza a la plancha con ensalada / Grilled hake with baked tomatoes.  Yogur natural o fruta y pan sin gluten / Natural yogurt or Fruit and bread without gluten	13 Judías verdes rehogadas / Green beans sauteed  Filete de ternera con patatas fritas / Grilled veal steak with french fries  Manzana verde, leche y pan sin gluten / Apple, milk and bread without gluten	14 Cocido completo (sopa, garbanzos, zanahoria, patata, repollo, chorizo, ternera, jamón y pollo) / Complete cocido ( Broth, chickpeas, carrot, potatoe, cabbage, sausage, veal, ham and chicken)  Petit suisse o fruta y pan sin gluten / Yogurt or fruit and bread without gluten	15 Pasta carbonara / Pasta with carbonara sauce.  Salmón a la plancha / Grilled salmon.  Plátano, leche y pan sin gluten / Banana, milk and bread without gluten
18 Crema de acelgas con zanahoria / Cream of chard and carrot  Hamburguesa de pollo con patatas fritas / Chicken burger with french fries.  Naranja y pan sin gluten / Orange and bread without gluten	19 Judías blancas con chorizo / Beans stew with sausage.  Emperador a la plancha con salsa ajo perejil / Grilled swordfish.  Natillas o fruta y pan sin gluten / Custard or fruit and bread without gluten	20 Sopa de ave / Soup .  Filete de ternera con ensalada / Grilled veal steak with salad  Fresas, leche y pan sin gluten / Strawberry, milk and bread without gluten	21 Crema de calabaza o Pisto / Cream of pumpkin or vegetables in tomato sauce  Croquetas caseras sin gluten / Croquettes without gluten  Yogur de macedonia o fruta y pan / Fruit salad yogurt or fruit and bread without gluten	22 Arroz con salchichas y salsa de tomate y salchichas / Rice with sausage and tomato sauce  Tortilla de patata / Omelette.  Macedonia de fruta , leche y pan sin gluten / Natural fruit salad ,milk and bread without gluten
25 Patatas con carne / Potatoes stew with meat  Empanadillas de queso y jamón sin gluten / Cheese and ham pasty without gluten  Manzana roja , pan sin gluten y leche / Red apple, bread without gluten and milk.	26 Lentejas con verduras / Lentil stew with vegetables.  Brocheta de pollo / Chicken  Yogur de fresa o fruta y pan sin gluten / Strawberry yogurt or fruit and bread without gluten	27 Pasta con chorizo y queso/ Pasta with sausage and cheese.  Ternera en salsa con verduras / Veal in sauce with vegetables  Plátano, leche y pan sin gluten / Banana, milk and bread without gluten	28 Crema de verduras / Vegetables sauteed  Filete de cerdo a la plancha / Grilled pork fillet  Yogur natural o fruta y pan sin gluten / Natural yogurt or fruit and bread without gluten	29 Judías pintas con arroz / Pinto beans stew with rice  Merluza a la plancha / Grilled hake.  Naranja y pan / sin gluten Orange and bread without gluten