

Alérgicos al pescado

MENÚ COMIDAS

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<p>7</p> <p>Arroz con tomate / White rice with tomato sauce</p> <p>Hamburguesa de pollo con patatas fritas / Chicken burger with french fries.</p> <p>Sandía, leche y pan / Watermelon, milk and bread.</p>	<p>8</p> <p>Sopa de cocido / Broth or cold thick soup.</p> <p>Cinta de lomo / Grilled Pork.</p> <p>Yogur natural o fruta y pan / Natural yogurt or fruit and bread.</p>	<p>9</p> <p>Puré de calabacín / Zucchini puree</p> <p>Albóndigas de ternera con arroz / Meatballs with rice.</p> <p>Macedonia de frutas, leche y pan. / Natural fruit salad, milk and bread.</p>	<p>10</p> <p>Lentejas guisadas con verduras / Lentils stew with vegetables</p> <p>Tortilla francesa / Omelette</p> <p>Natillas o fruta y pan / Custard or fruit and bread.</p>	<p>11</p> <p>Pasta boloñesa / Pasta with meat and tomato sauce</p> <p>Filete de pavo adobado / Marinated Grilled turkey</p> <p>Manzana, leche y pan / Apple, milk and bread.</p>
<p>14</p> <p>Paella valenciana / Valencian style rice with chicken</p> <p>Lacón a la gallega / Lacon</p> <p>Melón, leche y pan / Melon, milk and bread.</p>	<p>15</p> <p>Judías blancas con chorizo / White beans stew with sausage</p> <p>Filete de pollo con ensalada / Grilled chicken with salad.</p> <p>Yogur de fresa o fruta y pan / Strawberry yogurt or fruit and bread.</p>	<p>16</p> <p>Crema de calabaza / Cream of pumpkin or cold tomato sauce</p> <p>Redondo de ternera / Veal in sauce</p> <p>Plátano, leche y pan / Banana, milk and bread.</p>	<p>17</p> <p>Sopa / Soup</p> <p>Chuletas de pavo con puré de patata / Turkey chops with mashed puree.</p> <p>Yogur de fresa o fruta y pan / Strawberry yogurt or fruit and bread.</p>	<p>18</p> <p>Pasta con salsa carbonara / Pasta with carbonara sauce.</p> <p>Tortilla con ensalada / Omelette with salad</p> <p>Sandía, leche y pan / Watermelon, milk and bread.</p>
<p>21</p> <p>Puré de verduras/ Vegetables puree</p> <p>Filete de ternera con patatas fritas / Grilled veal steak with french fries</p> <p>Manzana Gala, leche y pan. / Gala apple, milk and bread</p>	<p>22</p> <p>Pasta con chorizo / Pasta with sausage and tomato sauce</p> <p>Tortilla francesa / Omelette</p> <p>Yogur natural o fruta y pan / Natural yogurt, or fruit and bread.</p>	<p>23</p> <p>Judías pintas con arroz / Pinto beans stew with rice</p> <p>Pincho moruno con ensalada / Grilled pork with salad.</p> <p>Uvas , leche y pan /Grapes, milk and bread.</p>	<p>24</p> <p>Sopa de cocido / Broth</p> <p>Lasaña de carne / Tuna lasagna.</p> <p>Yogur de limón o fruta y pan / Lemon yogurt or fruit and bread.</p>	<p>25</p> <p>Guisantes con jamón / Peas with ham</p> <p>Pollo asado con patatas fritas / Roasted chicken with french fries</p> <p>Plátano, leche y pan /Banana, milk and bread.</p>
<p>28</p> <p>Patatas con carne / Potatoes stew with meat</p> <p>Tortilla de calabacín con ensalada / Zucchini omelette with salad.</p> <p>Macedonia de frutas, leche y pan / Fruit salad, milk and bread.</p>	<p>29</p> <p>Cocido completo (sopa, garbanzos, patata, zanahoria, repollo, chorizo, jamón, pollo y ternera) / Complete cocido (broth, chickpeas, potatoes, carrots, cabbage, sausage, ham, chicken and veal)</p> <p>Yogur de macedonia, fruta y pan / Fruit salad yogurt, fruit and bread.</p>	<p>30</p> <p>Crema de espinacas / Cream of Spinach</p> <p>Croquetas caseras / Homemade croquettes.</p> <p>Sandía, leche y pan / Watermelon, milk and bread.</p>		

09

September



Enjoy your



meal