

LUNES

MARTES

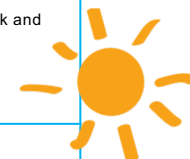
MIÉRCOLES

JUEVES

VIERNES

<p>28</p> <p>Patatas con carne / Stew potatoes with meat</p> <p>Cinta de lomo a la plancha con pimientos verdes / Grilled pork with green peppers.</p> <p>Macedonia natural de frutas, leche y pan / Natural fruit salad, milk and bread.</p>	<p>29</p> <p>Crema de verduras / Cream of vegetables</p> <p>Filete de pollo empanado / Breaded chicken.</p> <p>Yogur de fresa, fruta y pan / Strawberry yogurt, fruit and bread.1,7</p>	<p>30</p> <p>Pasta con salsa carbonara / Pasta with carbonara sauce</p> <p>Merluza al horno / Hake</p> <p>Sandia, leche y pan / Watermelon, milk and bread</p>	<p>1</p> <p>Sopa o melón con jamón / Soup or melon with ham</p> <p>Filete de ternera al plancha con patatas / Grilled steak with potatoes</p> <p>Yogur de limón o fruta y pan / Lemon yogurt or fruit and bread</p>	<p>2</p> <p>Arroz con tomate / White rice with tomato sauce</p> <p>Tortilla de patata con ensalada de la huerta / Omelette with garden vegetables</p> <p>Manzana, leche y pan / Apple, milk and bread</p>
<p>5</p> <p>Pasta con salsa de tomate y chorizo / Pasta with tomato sauce and sausage</p> <p>Cabracho con ensalada de tomate y queso fresco. / Fish with tomato and fresh cheese salad</p> <p>Macedonia de frutas naturales, pan y leche/ Fruit salad, bread and milk</p>	<p>6</p> <p>Ensalada campera / salad with potatoes, green peppers, tomato, boiled egg, onion and tuna.</p> <p>Magro con tomate./ Meat with tomato sauce</p> <p>Yogur natural o fruta y pan/ Natural yogurt or fruit and bread</p>	<p>7</p> <p>Paella de verduras y pollo / Rice dish with vegetables and chicken</p> <p>Empanadillas de atún / Tuna pasty</p> <p>Plátano leche y pan./ Banana, milk and bread</p>	<p>8</p> <p>Salteado de verduras con jamón / Sautéed vegetables with ham o melón con jamón / Melon with ham</p> <p>Lasaña de carne / Meat lasagna</p> <p>Petit suisse o fruta y pan / Yogurt or fruit and bread</p>	<p>9</p> <p>Puré de verduras o gazpacho / Vegetable puree or cold tomato soup.</p> <p>Pollo asado con patatas fritas/ Roasted chicken with french fries.</p> <p>Melón, leche y pan / Melon, milk and bread</p>
<p>12</p> <p>Pasta boloñesa / Pasta with meat and tomato sauce</p> <p>Salmón a la plancha . Grilled salmon</p> <p>Manzana, leche y pan / Apple, milk and bread</p>	<p>13</p> <p>Sopa / Soup</p> <p>Filetes de pavo adobado con patatas fritas / Seasoned turkey with french fries.</p> <p>Yogur de macedonia o fruta y pan / Fruit salad yogurt or fruit and bread</p>	<p>14</p> <p>Crema de verduras o pisto / Cream of vegetables or vegetables with tomato sauce</p> <p>Croquetas caseras / Homemade croquettes</p> <p>Melón, leche y pan / Melon, milk and bread</p>	<p>15</p> <p>Ensalada de arroz / Riced salad</p> <p>Bacalao con tomate / Tuna with tomato sauce</p> <p>Yogur natural o fruta y pan/ Natural yogurt or fruit and bread</p>	<p>16</p> <p>Pure de calabacín o salmorejo/ Zucchini puree or cold, thick tomato soup</p> <p>Albóndigas de ternera con arroz / Meatballs with rice</p> <p>Macedonia de frutas naturales, pan y leche/ Fruit salad, bread and milk</p>
<p>19</p> <p>Puré de espinacas / Spinach puree</p> <p>Lasaña de atun / Tuna lasagna</p> <p>Sandia, leche y pan / Watermelon, milk and bread</p>	<p>20</p> <p>Verduras salteadas o salmorejo/Vegetables sauteed or cold, thick tomato soup</p> <p>San Jacobos / Breaded ham and cheese with salad</p> <p>Yogur de fresa o fruta y pan / Strawberry yogurt or fruit and bread</p>	<p>21</p> <p>Ensalada de pasta / Pasta salad</p> <p>Merluza a la plancha/ Grilled hake</p> <p>Plátano, leche y pan / Melon, milk and bread</p>	<p>22</p> <p>Arroz con tomate / White rice with tomato sauce</p> <p>Tortilla de calabacin / Omelette with zucchini</p> <p>Natillas o fruta y pan / Custard or fruit and bread</p>	<p>23</p> <p>Sopa / Soup</p> <p>Pollo en salsa con patatas fritas / Chicken with french fries</p> <p>Melón, leche y pan / Melon, milk and bread</p>
<p>26</p> <p>Crema de calabaza / Cream of pumpkin</p> <p>Cinta de lomo con patatas fritas / Pork with french fries</p> <p>Manzana, leche y pan. Apple, milk and bread</p>	<p>27</p> <p>Pasta con salsa carbonara / Pasta with carbonara sauce</p> <p>Filete de pollo / Grilled chicken</p> <p>Petit suisse o fruta y pan / Yogurt or fruit and bread</p>	<p>28</p> <p>Verduras salteadas o melón con jamón / Sautéed vegetables or melon with ham</p> <p>Filete de ternera a la plancha, con ensalada / Grilled steak with salad</p> <p>Sandia, leche y pan / Watermelon, milk and bread</p>	<p>29</p> <p>Sopa de picadillo o gazpacho / Soup with meat and egg or cold tomato soup</p> <p>Bacalao al horno / Baked cod</p> <p>Yogur natural o fruta y pan/ Natural yogurt or fruit and bread</p>	<p>30</p> <p>Arroz con salsa de tomate / Rice with tomato sauce</p> <p>Tortilla de patata con pimientos verdes / Omelette with green peppers.</p> <p>Helado y pan / Ice Cream and bread</p>

July



Enjoy your



meal