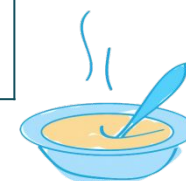




LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
				1 Macarrones con chorizo y salsa de tomate / Pasta with sausage and tomato sauce. Filete de ternera con brócoli /Steak veal with broccoli. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.
4 Crema de verduras / Cream of vegetables Chuleta de pavo a la plancha con patatas asadas/ Grilled turkey with baked potatoes. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten..	5 Judías blancas guisadas con verduras / Beans stew with vegetables. Merluza con salsa de ajo, perejil y limón / Hake with garlic, parsley and lemon. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	6 FESTIVO	7 NO LECTIVO	8 FESTIVO
11 Crema de espinacas / Cream of spinach. Albóndigas de ternera sin gluten en salsa de verduras con arroz / Meatballs without gluten in vegetables sauce with rice. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	12 Pasta con salsa boloñesa / Pasta with sauce bolognese Bacalao con guarnición de lombarda / Baked cod with red cabbage. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	13 Cocido completo / sopa, garbanzos, patata, zanahoria, repollo, pollo, chorizo, jamón y ternera) / Complete cocido (broth, chickpeas, potato, carrot, cabbage, chicken, sausage, ham and meat). Postre lácteo o fruta, y pan sin gluten / Dairy dessert or fruit, and bread without gluten.	14 Menestra de verduras / Vegetables sauteed. Pollo asado con patatas fritas / Baked chicken with french fries. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	15 Arroz con salsa de tomate / Rice with tomato sauce Salmón al horno en salsa de naranja con champiñones / Baked salmon in orange sauce with mushrooms, Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.
18 Crema de acelgas y zanahoria / Cream of chard and carrot. Contramuslos de pollo al horno con salsa de verduras y patatas asadas / Baked chicken with sauce vegetables and baked potatoes. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	19 Judías pintas con verduras y arroz / Beans stew with vegetables and rice. Lomo al ajillo con tomates asados / Pork with garlic and parsley and roasted tomatoes. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	20 Macarrones con atún y tomate / Pasta with tuna and tomato sauce. Filete de ternera en salsa / Veal steak in vegetables sauce Postre lácteo o fruta, y pan sin gluten / Dairy dessert or fruit, and bread without gluten.	21 Lentejas guisadas con calabaza / Lentil stew with pumpkin. Dorada a la plancha con ensalada de tomate / Grilled fish with tomato salad. Fruta, leche y pan sin gluten / Fruit, milk and bread without gluten.	22 ¡COMIDA SORPRESA!

Enjoy
your



meal